

CREME

HAIR AND BEAUTY TREATMENTS

Est. 1996

## **BEAUTY TREATMENTS**

We offer a complete range of  
Beauty Treatments from head to toe.  
For all your Hair and Holistic needs  
please see our separate Price Lists

THE OLD CHURCH

8 MILL ST, OAKHAM, RUTLAND LE15 6EA

T: 01572 723823

[cremehairandbeauty.co.uk](http://cremehairandbeauty.co.uk)



## **SALON ETIQUETTE**

We want everyone to have the best possible experience when they visit us at Creme and have some guidelines to ensure that you can take time out and relax.

- We discourage the use of mobile phones and respectfully request that they are on silent when you are in the salon.
- All appointments are booked for the time you need and so we ask you to arrive promptly. If you arrive late we will do our best to keep to the treatments. However, because we do not want to keep anyone waiting we may have to shorten/change your appointment if your stylist/therapist has another client immediately after you.
- It is vital that all new clients have a skin test before any hair colour or eye treatments, even if they have had colour or tinting previously. We cannot overstate the importance of skin testing for your well being and safety.

## **TREATMENTS**

### **ST. TROPEZ SPRAY TANNING**

#### **FULL BODY TAN**

TIME: 25 Minutes £36

#### **HALF BODY TAN**

TIME: 10 Minutes £18

Whether you would prefer your upper or lower body tanned, we will have you looking sun-kissed in no time.

#### **EAR PIERCING - PAIR**

TIME: 25 Minutes £36

We pierce up to three holes on the lobes only.

## HAND AND FOOT TREATMENTS

When booking your treatment, please let us know if you have any polish or gel on already, as we will need to allow extra time to remove this..

### CREME MANICURE

TIME: 70 Minutes £50.40

A full manicure including nail and cuticle work, exfoliation, massage and nail polish application.

### MALE MANICURE

TIME: 40 Minutes £38.40

A full manicure including nail and cuticle work exfoliation and massage.

### CREME PEDICURE

TIME: 70 Minutes £57.60

A full pedicure including nail and cuticle work, hard skin rasping, exfoliation, foot massage and nail polish application. Please bring your flip flops!

### MALE PEDICURE

TIME: 40 Minutes £48

A full pedicure including nail and cuticle work, hard skin rasping, exfoliation and foot massage.

### FILE AND VARNISH (HANDS OR FEET)

TIME: 25 Minutes £30

### FILE, CUTICLE AND VARNISH (HANDS OR FEET)

TIME: 40 Minutes £44.40

## OPI GEL COLOUR

Introducing OPI gel colour. OPI is the number one nail salon brand worldwide. Therefore, they leave the use of the GelColour range to the professionals. So sit back, relax and get your nails perfected.

### OPI GEL POLISH FINGERS/TOES

TIME: 55 Minutes £48

Includes: nail shaping, cuticle work and OPI gel polish application.

### GEL POLISH MANICURE

TIME: 70 Minutes £56.40

Includes: nail shaping, cuticle work, OPI gel polish application, exfoliation and hand and arm massage.

### GEL POLISH PEDICURE

TIME: 70 Minutes £61.20

Includes: nail shaping, cuticle work, OPI gel application, exfoliation, rasping and foot and lower leg massage.

### GEL SOAK OFF AND TIDY

TIME: 25 Minutes alone £24  
before re-application £11.40

### BUILDER GEL SHAPE AND PAINT

TIME: 70 Minutes £60

Includes: nail shaping, cuticle work, Builder Gel application with gel colour of choice.

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### THE CREME PROMISE...

The price you see is the price you pay - there are no hidden extras

## HAIR REMOVAL/SHAPE AND TINT

### UNDERARM WAX

TIME: 10 Minutes £18

### BIKINI WAX

TIME: 10 Minutes £18

### HIGH BIKINI WITH HOT WAX

TIME: 20 Minutes £22.80

### EYEBROW WAX

£18

### LIP WAX/ CHIN WAX

£18

### HALF LEG WAX

TIME: 25 Minutes £30

### FULL LEG WAX WITHOUT BIKINI

TIME: 40 Minutes £42

### FULL LEG WAX INCLUDING BIKINI

TIME: 50 Minutes £56.40

### BACK WAX

TIME: 40 Minutes £36

### BRAZILIAN/HOLLYWOOD BIKINI WAX

TIME: 45 Minutes £48

### ELECTROLYSIS

TIME: 10 Minutes £18

TIME: 25 Minutes £36

TIME: 40 Minutes £54

TIME: 55 Minutes £72

A free 30 minute consultation must be booked at least 48 hours before first treatment. This includes a small area of electrolysis.

### EYE LASH TINT

TIME: 25 Minutes £31.20

### EYE BROW TINT

TIME: 10 Minutes £18

### EYE LASH AND BROW TINT

TIME: 25 Minutes £38.40

### THREADING

#### LIP / EYEBROW / CHIN

TIME: 10 Minutes Each £18

## LASHES

### MYLASH EYELASH LIFT

TIME: 45 - 60 Minutes £72

Marvel-lash eyelash lift gently and comfortably lifts natural lashes from the root. Includes lash tint. The lashes appear longer and thicker. Results can last up to 2 months.

A patch test is required 48 hours prior to any lash treatments, tinting & electrolysis.

## BEAUTYLAB FACIALS

Employing cutting-edge skincare science, integrated with smart technology, BeautyLab's sophisticated products are abundant in natural actives, oils, gemstones, peptides and proteins that work in synergy with skin.

### MINI FACIAL

TIME: 25 Minutes £38.40

An introductory BeautyLab experience, to rejuvenate the skin and protect its natural barrier. Perfect for a little 'me' time.

### ESSENTIAL FACIAL

TIME: 55 Minutes £62.40

Indulge and relax with BeautyLab's antioxidant essentials range. Rich in plant collagen and ceramides; this facial will deeply hydrate and enrich your skin for a true natural glow. Includes a nourishing cleanse, tone and exfoliation; followed by a relaxing facial massage, face mask and scalp massage. Our therapists will carefully tailor the appropriate products to your skin for bespoke benefits and beautiful results.

### GLYCO-PEEL FACIAL

TIME: 40 Minutes £66

Glycolic acid, Salicylic acid and pomegranate enzymes work to reveal radiance. Targets skin conditions such as blemishes, pigmentation, age spots, sun damage and acne.

### MICRO-NEEDLING FACIAL TREATMENT

TIME: 40 Minutes £69.60

Micro-needles stimulate the production of healthy collagen and elastin in the skin. This results-driven treatment enhances the delivery of our active skin care products and aids the regeneration of skin. The result is a smooth, radiant and youthful complexion.

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## MASSAGE

### DEEP MUSCLE FULL BODY MASSAGE

TIME: 85 Minutes £108

Releases deep set tension, whilst relaxing your body with pre blended Aromatherapy oils, using specific massage movements and techniques.

### INDIAN HEAD MASSAGE

TIME: 40 Minutes £54

Indian Head Massage is a traditional form of massage. It can be felt far deeper in the head, neck and shoulder area, than a normal massage and is particularly effective in treating tension and stress that builds up in those areas.

### BACK MASSAGE

TIME: 25 Minutes £42

TIME: 40 Minutes £54

Light or deep pressure on the neck, shoulders and back.

### FULL BODY MASSAGE

TIME: 55 Minutes £72

TIME: 85 Minutes £108

Swedish massage techniques over the whole body.

### HOT STONE BACK MASSAGE

TIME: 25 Minutes £51.60

TIME: 40 Minutes £64.80

Our volcanic stones are used for a ten times deeper massage.

**Please see our separate holistic price list for alternative body treatments.**

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We offer a pay for 5, get the 6th free loyalty scheme on any beauty treatment here at CREME. Ask for a loyalty card at reception and we will stamp it at each visit.



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## OPENING HOURS

Monday	Closed
Tuesday	9 - 5
Wednesday	9 - 5
Thursday	9 - 8
Friday	9 - 5
Saturday	8.30 - 4

Gift Vouchers available

Cancellations for hair, beauty and holistic treatments must be notified with at least 24 hours notice. A 50% charge will be payable for cancellations made within 24 hours.

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